

# Fouzia Yasmin

Clinical Psychologist/Project Manager

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## EXPERIENCE

- 1) Currently working in Rozan (an NGO working on mental and emotional health of women and children, gender awareness and sensitization, violence against women and children) as **Senior Manager**: (April 2018- Present)

Main responsibilities include

Management of programs working on women and children:

- Project management
- Proposal writing
- Research
- Training and capacity building
- Advocacy

Management of Counseling Help line

- Program management
- Proposal writing
- Counseling
- Training and capacity building

Some of the recent projects supervised:

- Research ‘Against all odds: Post shelter journey of Women survivors of Violence’.
- ‘Building Responsive Institutions and Safer Communities for the Emotional and Social Wellbeing of Women and Girls in Khyber Pakhtunkhwa’, in the collaboration of World bank.
- ‘Psychosocial Support for Women and Girls survivors of Violence during Covid-19 Outbreak’ in the collaboration of UNFPA.
- ‘Mental Health needs and services for survivors of violence in the context of COVID-19’ in the collaboration of Oxfam.
- ‘Supporting women Survivors of Violence beyond shelters’ in the collaboration of UNTF.
- ‘Development of SoPs for KP Darulam and Women Crisis Centers’ in the collaboration of UN Women.

- ‘Promoting Gender Justice by Engaging Men and Boys to Reduce Gender Based Violence (GBV)’ in Rawalpindi and Islamabad in the collaboration of Norwegian Church Aid – NCA
- ‘Strengthening Response Mechanism to GBV through Survivor centred Approach in selected Districts of Khyber Pakhtunkhwa and Sindh.’ In the collaboration of Australian Government

## 2) Worked as **Training Consultant** (2011-2014)

- Islamic Relief Pakistan to develop Standard Operating Procedures and Training module for project of “**Counseling and Psychosocial Services in Community**”.
- Medicine Du Monde (MDM) to conduct 4 trainings on “**Stress Management**”
- CHIP to conduct Training on **Para Counseling Skills** with community members.
- Plan Pakistan to conducted Trainings on **Life Skills**.
- ICMC to conduct training on **Gender and Health in disasters** in Charsadda.
- ARC International to conduct 4 Training (3-days each) on **Gender Based Violence** in KPK and Baluchistan region.
- Child and Social Development Organization (CSDO) to conduct training on **Child Protection and Participation**.
- Children First<sup>to</sup> conduct 4 trainings on **Child Rights and Protection**.
- Right to Play to conduct various training on “**Gender Awareness and Sensitization**” and training on “**Child Protection and Healthy Disciplining**”.
- Save the Children-UK as Master Trainer to develop a Training Module and conducted 10 Day ToT on **Facilitation Skills** with Child Rights Unit of TRDP (Implementing partner of SC UK).
- National Democratic Institute (NDI) to conduct number of trainings all over Pakistan on preventive measures for a rigged free election including maintaining positive attitude and behavior on Polling day.

## 3) **Worked as Master Trainer** with Chip Training and Consulting (CTC) 2008-2011

Main responsibilities included developing module and conducting ToTs on ‘Effective Execution of Polio Eradication initiative (PEI)’ and ‘Safe Immunization’ all over the Pakistan.

**4) Worked as Project Coordinator Child Protection** with Save the Children UK (and National Commission for Child Welfare and Development NCCWD.) 2005-2008

Main responsibilities included

- Managing project activities on administrative, financial and communication aspects including coordination with the partners for monitoring, support and problem solving, providing direction in ensuring that projects goals are in line with the overall aim and objectives, undertaking corrective actions to maintain project expenses.

Main Projects:

**a) Counseling and psychosocial program for earthquake affected women and children:**

responsibilities included

- Providing direct counseling and Psychosocial Support to earthquake affected children and women.
- Capacity building of NGOs on providing psychosocial services to earthquake affected community.

**b) Institutional Care of Children:** The project was run by the collaboration of NCCWD/Ministry of Social Welfare (as being implementing partner) and Save the Children UK.

responsibilities included

- Developing standards for the protection and care of children in institutions like orphanages
- Capacity building of staff of child care institutions.
- Supervising the Research study on child protection in Children residential institutions.

**5) Worked as a “Clinical Psychologist and Trainer”** in Rozan, (2001-2003)

Main responsibilities included

**Counseling:**

- Provided counseling and therapeutic services to women and children with emotional and psychological problems through telephone, letter, e-mail, in person sessions in main office at Islamabad as well as in counseling camp in communities such as French Colony, Rahmatabad.

**Training and Capacity building**

- Training on Self Growth, Life Skills, counseling skills, communication skills, Facilitation skills, with different group of professionals with different women groups in community
- Designing and Executing Trainings on issues of Violence Against Women and Gender awareness and sensitization with different groups like Islamabad Police, Doctor, lawyers, students, organization working in development sector.

**Community based interventions:**

- Awareness and sensitization through orientations, seminars, campaigning,

- Community Work: Counseling, orientation, life skills training

## EDUCATION

### **Masters in Development Studies with Minor Thesis (University of Melbourne, Australia)**

Major Subjects: Project Management; Gender issues in Development; Gender, Globalization and Development; Development Theories; Poverty, Micro finance and Development; Socioeconomic Development; Social Impact assessment and Evaluation; Research Methods for development; Minor Thesis: Misrepresentation of Muslim Womanhood, Impacts in Development (Case Study Of Muslim Women Representation in Pakistan).

### **Post Masters Diploma in Clinical Psychology (Centre for Clinical Psychology, Punjab University, Lahore)**

- Training in Behavior Therapy, Gestalt Therapy, Rational Emotive Behaviors Therapy, Speech Therapy
- Training and Internship in Child psychiatry, Adult Psychiatry, Rehabilitation of patients diagnosed with schizophrenia.
- 18 months training experience of dealing with psychiatric patients in General Hospital for Psychiatric Disease, Fountain House, Mayo Hospital Lahore.
- Research

### **Masters in Applied Psychology (Govt. College for Women Rawalpindi, Punjab university):**

Clinical psychology, Abnormal psychology, Research, Psychometric psychology, Social Psychology, Development Psychology.

### **Reference:**

Can be provided on request