

Dr NASHMIA MAHMOOD

House 9-A, Street 50. F-8/4, Islamabad, Pakistan, 44000

Tel: 92-300-5258007

n.mahmood07@fulbrightmail.org

P R O F E S S I O N A L S U M M A R Y

Fulbright Scholar and Public Health Professional with extensive knowledge and experience of working with the Government and United Nations. Ex-President and General Secretary of All Pakistan Fulbright Association. Have 17 years of programme management experience in the areas of Child health, MNCH, Immunization, HIV, Sexual and Reproductive health, disaster management, and gender based violence in humanitarian settings. Carried out effective managerial and technical functions in various positions with United Nations and Government. Goal oriented and dedicated professional passionate about community development and mobilization. Extensive knowledge and experience in Public Health particularly in monitoring and evaluation, capacity development, community based participatory research. Contributed to the response during disease outbreaks and preparedness for global threats. Emergency preparedness & response, risk management plans and communication material developed for Global threat to Ebola Virus & Zika Virus.

Q U A L I F I C A T I O N

Master of Public Health; Health Policy & Administration, December 2008

School of Public Health, University of Illinois at Chicago

Fulbright Scholar

Bachelors of Medicine & Bachelor of Surgery, March 2003

Fatima Jinnah Medical College, Lahore, Punjab University

P R O F E S S I O N A L E X P E R I E N C E

Public Health Consultant

2018 to date

Currently working as a Public Health Consultant with different organizations on strategic areas like; ex-post evaluation, development of monitoring and evaluation tools, contextualization of manuals and proposal development. Engaged as National SRH Expert in Covid-19 with UNFPA coordinating with NDMA and MoNHSRC. Engaged as International Vaccine Institute (IVI) Consultant for Capturing data on antimicrobial resistance patterns and trends in use in regions of Asia (CAPTURA) activities in Pakistan. Advisor for Research and Development Solutions(RADS) for Institutional Review Board (IRB) certified by the Office of Human Research Protections (www.hhs.gov, USA) for local organizations/institutions interested in research/projects involving human subjects and/or communities.

- Consultant for CAPTURA Grant with International Vaccine Institute for In country coordination with NIH on Anti-Microbial Resistance
- National expert on Reproductive Health in Covid-19 Response, UNFPA
- Worked as a National HIV Consultant for Funding request for Global Fund for AIDS, Tuberculosis and Malaria
- Worked with NDMA & UNFPA for Orientation and Pre testing of Sexual and Reproductive Health and Gender Based Violence Assessment tools in Thar, Sindh & Kila Abdullah, Baluchistan (2019)
- National consultant for ART Outcome Study with National AIDS Control Program, CMU PR-GFATM (2019)
- Worked with UNFPA on the Contextualization of MISP (Minimum Initial Service Package) modules on Gender Based Violence in Emergencies and Coordination of Sexual and Reproductive Health in Disasters (2018).
- Completed an assignment with UNODC on Development of Monitoring and Evaluation tools for HIV Services in Prisons (2018).
- Conducted ex-post evaluation to gauge the impact of the skills and knowledge provided through a project conducted by GIZ through Fata Development Program (2018).
- Conducted “Mapping of MNCH Services including EmONC services throughout Pakistan” as an Independent consultant with HLSP UK’s Technical Resource Facility and National MNCH Programme (2010).

- Master trainer for Emergency Preparedness and response planning, Minimum Initial Service Package, Post abortion care, Gender, VCCT, CBDRM, HIV and STI. I have managed the adaptation of Community Based Disaster Risk Management modules to local context and country wide master trainings and roll out to provincial and district level.
- Developed four guidelines as an Independent consultant for International Rescue Committee as below (2008);
 - ✓ Voluntary Confidential Counselling & Testing Services Monitoring, Evaluation, Supervision and Quality Control system.
 - ✓ Monitoring, Evaluation and Quality Control system for Prevention of Parent to Child Transmission.
 - ✓ Monitoring and Supervision system for HBC services.
 - ✓ System to provide psychological support to HIV clinic staff.

Health Officer (Emergency & DRR)

UNICEF, Pakistan Country Office

May 2011- December 2017

- Contributed to health emergency's response activity implementation of health including child health, MNCH, EPI and HIV services, monitoring and progress reviews that meet the commitment specified in UNICEF's core commitment for Children and design plans to monitor, report and reward performance. Coordination of the health response during outbreaks and health emergencies, including acute humanitarian crises, disasters and protracted emergencies & coordination with Polio, WASH, Nutrition, Education and Child Protection.
- Developed result oriented partnerships with implementing partners to deliver essential health care services including a combination of facility based, outreach and community/home based MNCH & EPI services. Facilitate planning, implementation, costing and monitoring of the provincial emergency work plans. Facilitated all-hazards risk assessments and independent assessment of critical preparedness capacities.
- Management of the technical supply, resources & strengthening coordination between the provinces & the Federal level.
- Planning, monitoring and supervision of special mother and child days, immunization campaigns particularly Polio and measles campaigns in emergency effected areas.
- Improved documentation, strategic framework for disaster risk reduction, evaluation, analysis of financial and supply reports to ensure appropriateness of reports of UNICEF health emergency response
- Preparation of donor reports, situation report, funding proposals, and resource mobilization required to meet office, partners & donors obligation.
- Contributed to the response during disease outbreaks and preparedness for global threats. Emergency preparedness & response, risk management plans and communication material developed for Global threat to Ebola Virus & Zika Virus.
- Master trainer of Community Based Disaster Risk Management (CBDRM) & Minimum Initial Service Package (MISP).
- Focal person for Gender, adolescent wellbeing in health section and for different forums i.e, gender task force (UNOCHA-UNWOMEN).
- Supported implementation activities of Health and Nutrition in GB & AJK.
- Supported staff in the capacity of Peer Support Volunteer.
- General Secretary of UPSA (UNICEF Pakistan Staff Association).

National TB/HIV Coordinator for Global Fund For AIDS, Tuberculosis & Malaria

National Tuberculosis Programme, Ministry of Health, Islamabad

May 2010 to May 2011.

- Monitoring and supervision of sixteen TB/HIV sentinel sites under global fund grant.
- Coordinating TB/ HIV & MDR TB activities at national, provincial and district levels.
- Development of guidelines, strategic framework, training material, recording and reporting tools and data collection system for the TB/ HIV
- Constitution of coordinating Board to address TB/HIV & MDR challenge.
- Formulate provincial collaborative committees and conduct meetings quarterly.
- Coordinate trainings for the TB/ HIV and MDR TB.
- Coordination with PRs and SRs for implementation and GF specific activities.
- Collection of TB/HIV and MDR data from partners.
- Strengthen coordination between the federal and the provincial programs.

Evaluator

Earthquake Rehabilitation and Reconstruction Authority

August 2009 to April 2010.

- Looked after Health Sector, Gender Equality, and Medical Rehabilitation of persons with Disabilities in Earthquake Affected Areas. Monitoring & Evaluation Department.

- Managed the survey processes, designing of questionnaires for the field survey, and identification of sample size based on population versus interventions.
- Evaluation and analysis of health sector rehabilitation reconstruction programme interventions in the earthquake affected areas and their effects on the community through data analysis, based on the field survey.
- Social Impact Assessment of the health sector, gender equality and MRDEA rehabilitation programme interventions on lives of the people and their socio-economic impacts.
- Report writing, based on the data collected through field survey and analysis.

Sarhad University, Islamabad, Institute of Public Health

Visiting Faculty 2009-2011

- **Global Health** at Post Graduate Level.
- **Reproductive Health** at Post Graduate Level.

Program Officer

National AIDS Control Program, Ministry of Health

October 2005-August 2009.

- Engaged in various HIV/AIDS/STI Program components and training segment.
- Monitoring & Evaluation of activities under various components & recommended appropriate strategies for improvement.
- Engaged in the development of Gender Strategy for National AIDS Control Programme
- Focal person for the development and submission of Proposal for Global fund for AIDS, Tuberculosis & Malaria, Round 9 HIV & AIDS & Health Systems Strengthening.
- Focal person for donor funded workplan implementation and collaboration & SAARC collaborative activities.
- Coordinate with line ministries for collaborative activities.
- Focal person for youth related activities and teacher's training in collaboration with Ministry of Health, UNICEF & UNESCO.
- Development and contribution in Trainings, National Strategic Framework Planning & Management. Technical Writings and Human Resource Development.
- Focal person for Voluntary and Confidential Counseling and Testing (VCCT) and Mental Health issues.
- Develop, implement & manage trainings in areas related to Counseling (VCCT), Women rights, gender equality & mainstreaming, Sexually transmitted infections and Reproductive Health.
- Institutional linkages, co-ordination and networking, especially with both public and private sectors.

Independent Assignments:

- **"Mapping of MNCH services in Pakistan"** with Technical Resource Facility and National MNCH Programme.
- Developed guidelines for International Rescue Committee
 - **"Voluntary Confidential Counseling & Testing Services"**
 - **"Monitoring, Evaluation, Supervision and Quality Control system."**
 - **"Monitoring, Evaluation and Quality Control system for Prevention of Parent to Child Transmission"**
 - **"Monitoring and Supervision system for Home Based Care services."**
 - **"Culturally sensitive health education material"** for International Rescue Committee.
- Conduct **Panel Interviews** of Fulbright scholarship applicants of United States Educational Foundation in Pakistan, USAID.
- Assisted in the report of Report of End Project Evaluation **"Reproductive Health and Family Planning for men through an NGO/Public sector intervention."**
- Assisted in the **"Mid Term Evaluation of JSDF Batagram Project"**.
- Assisted in the **"Midterm evaluation of project on "Improving the reproductive health and rights of marginalized and underserved communities: Dera Ghazi Khan."**
- **March of Dimes, Illinois Chapter, September – December 2008.**
Community Service grants Program Evaluation for Prematurity campaign 2003 – 2008. Developed tools for the evaluation of the next five years grants.

House Officer

Pakistan Institute of Medical Sciences, Islamabad (January 2005 - June 2005)

Primary care House Job including General Medicine, Cardiology, Nephrology & Oncology Department

House officer

Specialty care House Job at Institute of Psychiatry & WHO collaborating Centre, Rawalpindi General Hospital (June – December 2004)

History, examination and counseling sessions of the patients. Supervised ECT procedure to the patients. Direct community contact and involvement and learned ground realities and problems of this deprived segment of the community.

Educational Seminars/Workshops:

- Training of Trainers on “**Understanding and Advancing Adolescent Health, Participation and Wellbeing**” in Pakistan, Nepal and Bhutan, 04 - 10 December 2013, Nepal
- Distance learning course on “**Data Management from Reading College**”, London, September 2009.
- “**Qualitative Research and Social Monitoring for Technical Report Writing**” LUMS, August 2009.
- Coordinated & attended the “**International Conference on AIDS in Asia & Pacific**”, Bali, August 2009
- **Global Fund Round 9 Proposal Review Workshop**, Cairo, Egypt, 2009.
- Guest Speaker as **HIV Specialist** on talk show on TV Channel, ARY.
- **SAARC Meeting on Children affected by HIV / AIDS**, Kathmandu, Nepal, 2007.
- **Biological Surveillance**. Andrija Stampar School of Public Health, Zagreb, Croatia. 2006
- **Voluntary Counseling and Testing for HIV**. Cairo, Egypt. 2006
- **Epidemiology, Biostatistics, and Surveillance Course**. Karachi. 2006
- Fellowship on **Community Mental Health**. WHO Collaborating centre for mental health. Research & training Center at the Institute of Psychiatry. Rawalpindi Medical College. 2004.
- Consultative workshop on AMR & hands on training on WHONET

Research/ Honours

- **Ex-President & General Secretary** of “**Pakistan National Association of Fulbright Alumni**”
- **Fulbright Scholarship Recipient, Masters in Public Health**, University of Illinois at Chicago, 2007-08.
- Conducted study on “**Acceptability of Female Condoms in Brothel based Sex Workers in Lahore**” National AIDS Control Program, WHO and implementing NGO for further strengthening services for female sex workers.
- Contributed in data collection on “**Brain drain- gain Phenomenon**” on doctors of Pakistan working as clinicians in United States with University of Illinois at Chicago.
- 2 Abstracts accepted & posters presented in International Conference on AIDS in Asia and Pacific, Bali, August 2009 on Empowering Women; Acceptability of female condoms in Brothel based female sex workers & “**Identifying Protection Risks and Failures for Children Vulnerable to and Affected by HIV and AIDS in Pakistan**”.

C O M P U T E R S K I L L S

Microsoft Office, SPSS (Statistical Package for Social Sciences), Endnote, EpiInfo, CPro, SAS (Statistical Analysis Software), Windows XP and Windows Vista Based programming.

R E F E R E N C E S

Dr Adeela Khan
RH Analyst UNFPA
adkhan@unfpa.org

Dr Rajwal Khan
HIV Strategic Advisor
UNAIDS
khanr@unaids.org